



JULIA KWOK

Wave 2026 SUPPLIER CPD 5 MCQS



MCQS – Advance Access Only for WAVE. Please submit answers **online before 11.59pm AWST 23rd March OR if you want a 7 Day Extension to complete ALL MCQS – opt in online for the extra time.**
The following 15 MCQS are from the presentation on Supplier CPD 5 CooperVision @ WAVE 2026.

Q.1) Which of the following is a key difference between MyDay[®] MiSight[®] 1 day and the original MiSight[®] 1 day?

- a) Optical design
- b) Dk/t
- c) Diameter
- d) Power range

Q.2) In Aquaform[®] Technology, which of the following contribute to high oxygen transmissibility?

- a) Long silicone chains
- b) Less raw silicon
- c) Lack of coating or surface treatment
- d) None of the above

Q.3) ActivControl[®] Technology features how many treatment and correction zones?

- a) 1 treatment zone and 1 correction zone
- b) 2 treatment zones and 1 correction zone
- c) 2 treatment zones and 2 correction zones
- d) 3 treatment zone and 1 correction zone

Q.4) The treatment zones in ActivControl[®] Technology create how many dioptres of myopic defocus?

- a) 1.00D
- b) 1.50D
- c) 2.00D
- d) 2.50D

Q.5) In the original MiSight[®] 1 day clinical trial, the group which received 6 years of treatment progressed by less than....

- a) 4.00D
- b) 3.00D
- c) 2.00D
- d) 1.00D

Q.6) In the original MiSight® 1 day clinical trial, the wearers treated with ActivControl® Technology exhibited eye growth that....

- a) ...was significantly faster than the control group's eye growth
- b) ...significantly faster than emmetropic eye growth
- c) ...was similar to emmetropic eye growth
- d) ...reversed i.e. shortened in length

Q.7) In the 7th year of the original MiSight® 1 day clinical trial, eye growth for subjects wearing single vision contact lenses...

- a) ...was faster than expected age-average myopic progression rates
- b) ...was the same as expected age-average myopic progression rates
- c) ...was slower than expected age-average myopic progression rates
- d) ...was the same as expected age-average emmetropic rates

Q.8) In the comparative study between MyDay® MiSight® 1 day and the original MiSight® 1 day, what were the visual acuities?

- a) 6/9 at all visits
- b) 6/7.5 at all visits
- c) 6/6 at all visits
- d) Better than 6/6 at all visits

Q.9) In the comparative study, what was the mean comfort score for MyDay® MiSight® 1 day?

- a) 90 out of 100
- b) 80 out of 100
- c) 70 out of 100
- d) 60 out of 100

Q.10) In the comparative study, how did the subjects rate the application of MyDay® MiSight® 1 day compared to the hydrogel lens?

- a) More difficult to apply
- b) Same level of ease
- c) Easier to apply
- d) Variable response



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Q.11) How does the fitting appearance of MyDay® MiSight® 1 day and the original MiSight® 1 day compare?

- a) MyDay® MiSight® 1 day fits tighter
- b) Overall lens fits, centration and movement were similar
- c) MyDay® MiSight® 1 day fits looser
- d) MyDay® MiSight® 1 day decentres more

Q.12) Aberrometry showed the contact lens centration relative to pupil centre for both lenses was...

- a) ...superior and nasal
- b) ...superior and temporal
- c) ...inferior and nasal
- d) ...inferior and temporal

Q.13) Aberrometry power maps of MyDay® MiSight® 1 day and the original MiSight® 1 day showed which of the following?

- a) MyDay® MiSight® 1 day delivers significantly more hyperopic defocus than MiSight® 1 day
- b) MyDay® MiSight® 1 day delivers significantly more myopic defocus than MiSight® 1 day
- c) MyDay® MiSight® 1 day delivers only myopic defocus, without emmetropic focused light at the retina
- d) MyDay® MiSight® 1 day delivers similar amount of myopic defocus as MiSight® 1 day

Q.14) What is the recommended minimum wearing time for MyDay® MiSight® 1 day?

- a) 10 hours per day, 4 days per week
- b) 10 hours per day, 5 days per week
- c) 10 hours per day, 6 days per week
- d) 12 hours per day, every day

Q.15) Which of the following are advantages of contact lenses for myopia control?

- a) Offers “always-on” myopia control
- b) Improved quality of life
- c) Preferred by children over glasses
- d) All the above

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