



HELEN GLEAVE

Wave 2026

SUPPLIER CPD 4

MCQS

Alcon

MCQS – Advance Access Only for WAVE. Please submit answers **online before 11.59pm AWST 23rd March OR if you want a 7 Day Extension to complete ALL MCQS – opt in online for the extra time. The following 10 MCQS are from the presentation on Supplier CPD 4 - Alcon @ WAVE 2026.**

Q.1) What is the approximate global prevalence of digital eye strain?

- a) 7%
- b) 17%
- c) 57%
- d) 70%

Q.2) Which of the following has NOT been identified as an underlying contributor to digital eye strain?

- a) Reduced blink rate & completeness
- b) Increased reliance on artificial intelligence
- c) Partial/uncorrected refractive error
- d) Underlying binocular vision anomalies

Q.3) Which of the following statements regarding digital eye strain and astigmatism is incorrect?

- a) Astigmatism and digital eyestrain are inversely proportional
- b) Uncorrected astigmatism increases the incidence of digital eye strain symptoms
- c) Low astigmatism up to 1.00DC reduces near vision functionality
- d) Low levels of uncorrected astigmatism can cause a reduction in reading performance

Q.4) Which of the following parameters were NOT improved by correcting astigmatism in soft contact lens wearers who experience/d digital eye strain? **(This question has been reworded.)*

- a) High & low contract visual acuity
- b) Reading speed
- c) Spatial recall
- d) Ocular comfort

Q.5) What factors do manufacturers take into account when designing a toric soft contact lens?

- a) Gravity places a major role in lens orientation & stabilisation
- b) During a normal blink, ~90% of lens movement is due to upper eyelid forces
- c) Varying lens thickness can take advantage of the primary eyelid forces that orient & stabilise the lens
- d) Both b & c

Q.6) Which Alcon contact lenses use the PRECISION BALANCE 8|4™ toric contact lens stabilisation design?

- a) TOTAL1™ for Astigmatism
- b) PRECISION1™ for Astigmatism
- c) TOTAL30™ for Astigmatism
- d) All of the above

Q.7) How much longer does it take to fit a PRECISION1™ for Astigmatism contact lens, as compared to a spherical lens?

- a) 50 seconds
- b) 60 seconds
- c) 90 seconds
- d) 100 seconds

Q.8) Which Alcon WATERINNOVATIONS™ lenses feature Water Gradient technology?

- a) PRECISION1™
- b) TOTAL1™
- c) TOTAL30™
- d) Both b & c

Q.9) What ocular surface biomimicry technology is featured in TOTAL30™ monthly reusable contact lenses?

- a) PRECISION PROFILE™ design
- b) SmartSurface™
- c) Celligent™ Technology
- d) SmarTears™ Technology

Q.10) Which of the following is NOT a benefit of the PRECISION BALANCE 8|4™ Toric stabilisation design?

- a) Unlimited rotation
- b) Settles within <60 seconds of insertion
- c) ≤5° of oscillation with blink
- d) Settles within 3° of ideal orientation

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