

International Childhood Trauma Conference 2025
SUNDAY 17 August 2025 - FRIDAY 22 August 2025
Melbourne Convention and Exhibition Centre

Sunday, 17 August 2025

Main Foyer 2&3	Plenary 3
	<i>Conversation Hour - Cathy Malchiodi</i>
	Cathy Malchiodi In Conversation With Janise Mitchell
	Cathy Malchiodi Phd, Janise Mitchell
	Break
	<i>Conversation Hour - Paul Gilbert</i>
	Paul Gilbert In Conversation With Janise Mitchell
	Paul Gilbert, Janise Mitchell
<i>Welcome Function</i>	

	International Childhood Trauma Conference 2025 SUNDAY 17 August 2025 - FRIDAY 22 August 2025 Melbourne Convention and Exhibition Centre							
	Monday, 18 August 2025							
	Plenary 1	Plenary 2	Plenary 3	203&204	210&211	Room 212&213	Room 219&220	Melbourne Room 2
09:00		Welcome to Country						
09:20		Opening plenary						
09:20		Opening Plenary Janise Mitchell						
09:40		Opening Plenary Judy Atkinson						
10:20		Compassion And Joe's Dream Paul Gilbert						
11:00	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
11:30	Keynote: Resilience and post-traumatic growth	Symposium: A symposium exploring the intersection of neurodivergence and childhood trauma	Keynote: Applying trauma transformative practice using a developmental lens	Keynote: Living with a constant feeling of dread: Providing DDP interventions with parents who have experienced trauma. (not recorded)	Keynote: The nature and process of compassion focused therapy for the traumatised mind	Workshop: Comforting the uncomfortable: the heart of trauma-informed care	Keynote: Finding solid ground: Transforming treatment for complex trauma and dissociation	
11:30	Resilience And Post-traumatic Growth Arielle Schwartz	A Symposium Exploring The Intersection Of Neurodivergence And Childhood Trauma Cathy Malchiodi Phd, Anita Gibbs, Wenn Lawson, Naomi Rutten, Siobhan Wilson, Christina Keeble, Rebecca Challoner, Noel Macnamara	Applying Trauma Transformative Practice Using A Developmental Lens Janise Mitchell	Living With A Constant Feeling Of Dread: Providing Ddp Interventions With Parents Who Have Experienced Trauma. (not recorded) Kim Golding	The Nature And Process Of Compassion Focused Therapy For The Traumatised Mind Paul Gilbert	Comforting The Uncomforted: The Heart Of Trauma-informed Care Johanna Lynch	Finding Solid Ground: Transforming Treatment For Complex Trauma And Dissociation Ruth Lanius, Bethany Brand	
13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:00	Keynote: The nature and process of compassion focussed therapy for the traumatised mind	Masterclass Part 1: Unlocking the Power of Traumatic Brain Adaptations: Breaking New Ground in Trauma Recovery	Masterclass Part 1: Applied polyvagal theory as an embodied approach to psychotherapy		Keynote: From crisis to stability: Assessment and stabilisation for complex, dissociative clients	Keynote: FASD at the nexus of disability and neuro-divergence, the impacts of trauma, risk and protective factors and the journey to enable a good life for individuals and their whānau	Workshop: How the healing began: Using Aboriginal and Torres Strait Islander painting to heal trauma	Masterclass Part 1: Restorative attachment with children and caregivers: Expressive arts and sensory processing approaches to repair and restoration
14:00	The Nature And Process Of Compassion Focussed Therapy For The Traumatised Mind Paul Gilbert	Unlocking the Power of Traumatic Brain Adaptations: Breaking New Ground in Trauma Recovery Ruth Lanius	Applied Polyvagal Theory As An Embodied Approach To Psychotherapy Arielle Schwartz		From Crisis To Stability: Assessment And Stabilisation For Complex, Dissociative Clients Bethany Brand	Fasd At The Nexus Of Disability And Neuro-divergence, The Impacts Of Trauma, Risk And Protective Factors And The Journey To Enable A Good Life For Individuals And Their Whānau Anita Gibbs	How the healing began: Using Aboriginal and Torres Strait Islander painting to heal trauma Stacey Dellow	Restorative Attachment With Children And Caregivers: Expressive Arts And Sensory Processing Approaches To Repair And Restoration Cathy Malchiodi Phd
15:30	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
16:00	Keynote - Applying Trauma Transformative Practice Using A Developmental Lens	Masterclass Part 2: Unlocking the Power of Traumatic Brain Adaptations: Breaking New Ground in Trauma Recovery	Masterclass Part 2: Applied Polyvagal Theory as an Embodied Approach to Psychotherapy		Keynote: Autism: Intersectionality and the trauma that comes from being different	Keynote: From crisis to stability: Assessment and stabilisation for complex, dissociative clients	Keynote - Benangying Dangalang, Picking Everlastings – a story to listen and learn	Masterclass Part 2: Restorative attachment with children and caregivers: Expressive arts and sensory processing approaches to repair and restoration
16:00	Keynote - Applying Trauma Transformative Practice Using A Developmental Lens Janise Mitchell	Unlocking the Power of Traumatic Brain Adaptations: Breaking New Ground in Trauma Recovery Ruth Lanius	Applied Polyvagal Theory As An Embodied Approach To Psychotherapy Arielle Schwartz		Autism: Intersectionality And The Trauma That Comes From Being Different Wenn Lawson	From Crisis To Stability: Assessment And Stabilization For Complex, Dissociative Clients Bethany Brand	Benangying Dangalang, Picking Everlastings – a story to listen and learn Glenda Kickett	Restorative Attachment With Children And Caregivers: Expressive Arts And Sensory Processing Approaches To Repair And Restoration Cathy Malchiodi Phd

	International Childhood Trauma Conference 2025 SUNDAY 17 August 2025 - FRIDAY 22 August 2025 Melbourne Convention and Exhibition Centre							
	Tuesday, 19 August 2025							
	Plenary 1	Plenary 2	Plenary 3	203&204	210&211	Room 212&213	Room 219&220	
08:00				Morning Movement and Wellbeing: Playful moves: Moving with self, moving with others, moving in groups	Morning Movement and Wellbeing: Morning Yoga with Tina and Briar	Morning Movement and Wellbeing: Breathwork with Caroline Brunne – The Survivor Coach		
08:00				Playful Moves: Moving With Self, Moving With Others, Moving In Groups Sally Denning	Morning Yoga With Tina And Briar Tina Icaro, Briar Arnel	Breathwork With Caroline Brunne – The Survivor Coach Caroline Brunne		
08:30								
09:00				Plenary – Siobhan Wilson and Arielle Schwartz				
09:00				Insights From The Cave: A Teen's Path Of Trauma And Neurodiversity Siobhan Wilson				
10:00				Somatic Therapies In Trauma Recovery Arielle Schwartz				
11:00	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	
11:30	Symposium: A symposium on therapeutic out-of-home care	Keynote: Intergenerational trauma	Keynote: Whole again: Reconnecting brain and body after trauma	Keynote: Neurodivergence intersecting with justice, care, education and mental health systems: lessons to learn for better life course outcomes for those living with FASD.	Keynote: Neurodiversity affirming practices and expressive arts therapy	Workshop: A Place To Talk Peacefully" Children And Young People's Experience Of Receiving Support To Heal From Family Violence And Sexual Violence In Aotearoa New Zealand. What Helps And What Gets In The Way.	Keynote: Building sense of safety: A transdisciplinary framework for trauma-informed and healing-oriented care in health, education, and public policy.	
11:30	A Symposium On Therapeutic Out-of-home Care Moderator: Kelly Royds Kim Golding, Dan Hughes, Jon Baylin, Noel Macnamara, Kelly Royds, Lynne Mcpherson, Jordan Brown	Intergenerational Trauma Arielle Schwartz	Whole Again: Reconnecting Brain And Body After Trauma Ruth Lanius	Neurodivergence Intersecting With Justice, Care, Education And Mental Health Systems Anita Gibbs	Neurodiversity Affirming Practices And Expressive Arts Therapy Cathy Malchiodi Phd	A Place To Talk Peacefully" Children And Young People's Experience Of Receiving Support To Heal From Family Violence And Sexual Violence In Aotearoa New Zealand. What Helps And What Gets In The Way Dr Claire Achmad, Hannah McCaleb	Building Sense Of Safety: A Transdisciplinary Framework For Trauma-informed And Healing-oriented Care In Health, Education, And Public Policy. Johanna Lynch	
13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:00	Masterclass Part 1: Dan Hughes	Masterclass Part 1: Unmasking dissociation: Mastering diagnosis in a complex landscape	Masterclass Part 1: Cultivating compassion: Four essential practices that will increase your ability to be open to the suffering of others, and in ourselves, and act to alleviate that suffering.	Keynote: Whole again: Reconnecting brain and body after trauma	Keynote: Neurodiversity affirming practices and expressive arts therapy	Keynote: Resilience and post-traumatic growth	Keynote Part 1: BEATS Workshop - Therapeutic Beat Making (TBM) and Applications of Hip Hop for Engaging Trauma-Affected Youth	
14:00	Masterclass - Dan Hughes Dan Hughes	Unmasking Dissociation: Mastering Diagnosis In A Complex Landscape Bethany Brand	Cultivating Compassion: Four Essential Practices That Will Increase Your Ability To Be Open To The Suffering Of Others, And In Ourselves, And Act To Alleviate That Suffering. Paul Gilbert	Whole Again: Reconnecting Brain And Body After Trauma Ruth Lanius	Neurodiversity Affirming Practices And Expressive Arts Therapy Cathy Malchiodi Phd	Resilience And Post-traumatic Growth Arielle Schwartz	Therapeutic Beat Making (TBM) and Applications of Hip Hop for Engaging Trauma-Affected Youth Elliott Gann, Alexander Crooke, Sam Rhook, Scott Griffiths	
15:30	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	
16:00	Masterclass Part 2: Dan Hughes	Masterclass Part 2: Unmasking Dissociation: Mastering Diagnosis in a Complex Landscape	Masterclass Part 2: Cultivating Compassion – four essential practices that will increase your ability to be open to the suffering of others, and in ourselves, and act to alleviate that suffering.	Keynote: Rebecca Challoner and Christina Keeble	Keynote: Indigenous wisdom supporting trauma recovery in non-Indigenous families: A new single session approach to cross cultural healing	Keynote: Parental Grit: The Neuroscience of Sustaining a Caring State of Mind with a Defensive Child	Keynote Part 2: BEATS Workshop - Therapeutic Beat Making (TBM) and Applications of Hip Hop for Engaging Trauma-Affected Youth	
16:00	Masterclass: Dan Hughes Dan Hughes	Masterclass: Unmasking Dissociation: Mastering Diagnosis In A Complex Landscape Bethany Brand	Cultivating Compassion – Four Essential Practices That Will Increase Your Ability To Be Open To The Suffering Of Others, And In Ourselves, And Act To Alleviate That Suffering. Paul Gilbert	Adhd And Generational Trauma Rebecca Challoner	Indigenous wisdom supporting trauma recovery in non-Indigenous families: A new single session approach to cross cultural healing Alison Elliott, Zoe Cloud	Parental Grit: The Neuroscience of Sustaining a Caring State of Mind with a Defensive Child Jon Baylin	Therapeutic Beat Making (TBM) and Applications of Hip Hop for Engaging Trauma-Affected Youth Elliott Gann, Alexander Crooke, Sam Rhook, Scott Griffiths	
16:45				Autism And Trauma - The Importance Of Accurate Diagnosis Christina Keeble				

	International Childhood Trauma Conference 2025 SUNDAY 17 August 2025 - FRIDAY 22 August 2025 Melbourne Convention and Exhibition Centre						
	Thursday, 21 August 2025						
	Plenary 1	Plenary 2	Plenary 3	203&204	210&211	Room 212&213	Room 219&220
08:00		<div>Plenary - Emma Hakansson and David Kessler</div> <div>The Adult View Of Children As Lesser Humans: How This Erodes Autonomy And Leads To Abuse Emma Hakansson</div> <div>Releasing The Pain Of Grief And Finding Meaning David Kessler</div>		Morning Movement and Wellbeing: Playful moves: Moving with self, moving with others, moving in groups	Morning Movement and Wellbeing: Morning Yoga with Tina and Briar	Morning Movement and Wellbeing: Breathwork with Caroline Brunne – The Survivor Coach	
08:00				Playful Moves: Moving With Self, Moving With Others, Moving In Groups Sally Denning	Morning Yoga With Tina And Briar Tina Icaro, Briar Arnel	Breathwork With Caroline Brunne – The Survivor Coach Caroline Brunne	
08:30							
09:00							
09:00							
10:00							
11:00	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
11:30	Keynote: Reframing the Biology of Trauma and Intergenerational Trauma: Implications for Healing and Resilience	Keynote: Befriending the nervous system: A polyvagal guide	Keynote: Healing relational trauma and the importance of self-reflection by the DDP therapist.		Workshop: Embodying grief: Moving through loss and trauma	Workshop: Self-care when working with trauma	Keynote: Triple trouble: A brain based model of developmental trauma
11:30	Reframing the Biology of Trauma and Intergenerational Trauma: Implications for Healing and Resilience Rachel Yehuda	Befriending The Nervous System: A Polyvagal Guide Deb Dana	Healing Relational Trauma And The Importance Of Self-reflection By The Ddp Therapist. Kim Golding, Dan Hughes		Embodying Grief: Moving Through Loss And Trauma Paul Denniston	Self-care when working with trauma Cathy Malchiodi Phd	Triple Trouble: A Brain Based Model Of Developmental Trauma Jon Baylin
13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
14:00	Keynote: Learning security after trauma – The integrative growth across the lifespan	Masterclass Part 1: Mind and body tools and techniques for adults and children in grief	Masterclass Part 1: Navigating the quest for connection	Masterclass Part 1: A cascade of PACE. Building dyadic developmental practice (DDP) into the fabric of residential care for children.	Symposium: A symposium listening to the wisdom of lived experience in service delivery, design and policy development	Keynote: Building on legacies, ensuring ancestral bonds are held closely: how we know we’re taking up our roles in the work of healing	Keynote: Reframing the biology of trauma and intergenerational implications.
14:00	Learning Security After Trauma – The Integrative Growth Across The Lifespan Dan Siegel	Mind And Body Tools And Techniques For Adults And Children In Grief David Kessler, Paul Denniston	Navigating The Quest For Connection Deb Dana	A Cascade Of Pace. Building Dyadic Developmental Practice (ddp) Into The Fabric Of Residential Care For Children. Kim Golding	A Symposium Listening To The Wisdom Of Lived Experience In Service Delivery, Design And Policy Development Emma Hakansson, Conor Pall, Cathy Kezelman Am, Morgan Cataldo, John Cardamone	Building on legacies, ensuring ancestral bonds are held closely: how we know we’re taking up our roles in the work of healing Fiona Cornforth	Reframing The Biology Of Trauma And Intergenerational Implications. Rachel Yehuda
15:30	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
16:00	Keynote: Learning security after trauma – The integrative growth across the lifespan	Masterclass Part 2: Mind and body tools and techniques for adults and children in grief	Masterclass Part 2: Navigating the quest for connection	Masterclass Part 2: Masterclass: A cascade of PACE. Building dyadic developmental practice (DDP) into the fabric of residential care for children.	Keynote: Speaker to be announced soon	Keynote: Triple trouble: A brain based model of developmental trauma	Keynote: Our Collective Experience: Hear us now, act now. Survivors share insights on prevention and intervention of child sexual abuse
16:00	Learning Security After Trauma – The Integrative Growth Across The Lifespan Dan Siegel	Mind And Body Tools And Techniques For Adults And Children In Grief David Kessler, Paul Denniston	Navigating The Quest For Connection Deb Dana	A Cascade Of Pace. Building Dyadic Developmental Practice (ddp) Into The Fabric Of Residential Care For Children. Kim Golding	Co-designing a Wise Counsel model of care to support Aboriginal and Torres Strait Islander families to stay together from the start: A focus on infant removals by child protection Jacyntha Krakouer	Triple Trouble: A Brain Based Model Of Developmental Trauma Jon Baylin	Our Collective Experience: Hear Us Now, Act Now. Survivors Share Insights On Prevention And Intervention Of Child Sexual Abuse Caroline Brunne, Deb Howarth, Liz Hudson, Tessa Spowart, Tutie Wilmott, Emma Hakansson, Portia Freeman, Harriet Tscherkaskyj

	International Childhood Trauma Conference 2025 SUNDAY 17 August 2025 - FRIDAY 22 August 2025 Melbourne Convention and Exhibition Centre						
	Friday, 22 August 2025						
	Plenary 1	Plenary 2	Plenary 3	203&204	210&211	Room 212&213	Room 219&220
09:00		Plenary					
09:00		Ngagagee Ngulu Murrup Durra - Hear us, our voices, spirit and heart Graham Gee					
10:00		Finding Safety In An Uncertain World Deb Dana					
11:00	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
11:30	<i>Keynote: Traumatic grief, guilt, transgenerational and collective grief.</i>	<i>Masterclass Part 1: The role of mindfulness in integrating the brain after developmental trauma</i>	<i>Advanced Workshop: Deb Dana</i>	<i>Symposium: A symposium exploring culture and healing</i>	<i>Workshop: Embodying grief: Moving through loss and trauma</i>	<i>Keynote: Caroline Welch</i>	<i>Masterclass Part 1: Therapeutic Beat Making (TBM) and Applications of Hip Hop Education for Working with Trauma-Affected Populations</i>
11:30	Traumatic Grief, Guilt, Transgenerational And Collective Grief. David Kessler	The Role Of Mindfulness In Integrating The Brain After Developmental Trauma Dan Siegel	Engaging The Rhythm Of Regulation: Polyvagal Skills To Deepen Your Practice Deb Dana	A Symposium Exploring Culture And Healing Judy Atkinson, Fiona Cornforth, Sue-Anne Hunter, Glenda Kickett, Danielle Cameron, Graham Gee	Embodying Grief: Moving Through Loss And Trauma Paul Denniston	Keynote - Caroline Welch Caroline Welch	Therapeutic Beat Making (TBM) and Applications of Hip Hop for Engaging Trauma-Affected Youth Elliott Gann, Alexander Crooke, Sam Rhook, Scott Griffiths
13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
14:00	<i>Keynote: Traumatic grief, guilt, transgenerational and collective grief.</i>	<i>Masterclass Part 2: The role of mindfulness in integrating the brain after developmental trauma</i>	<i>Advanced Workshop: Deb Dana</i>	<i>Symposium: A symposium on integrating whole person care in childhood trauma treatment - hosted by the Australian Society for Psychological Medicine</i>		<i>Keynote: Caroline Welch</i>	<i>Masterclass Part 2: Therapeutic Beat Making (TBM) and Applications of Hip Hop Education for Working with Trauma-Affected Populations</i>
14:00	Traumatic Grief, Guilt, Transgenerational And Collective Grief. David Kessler	The Role Of Mindfulness In Integrating The Brain After Developmental Trauma Dan Siegel	Engaging The Rhythm Of Regulation: Polyvagal Skills To Deepen Your Practice Deb Dana	A Symposium On Integrating Whole Person Care In Childhood Trauma Treatment - Hosted By The Australian Society For Psychological Medicine Naomi Rutten, Siobhan Wilson, Thomas Dickson, Johanna Lynch, Karen McLean, Katherine Watson, Will McIntosh		Keynote - Caroline Welch Caroline Welch	Therapeutic Beat Making (TBM) and Applications of Hip Hop for Engaging Trauma-Affected Youth Elliott Gann, Alexander Crooke, Sam Rhook, Scott Griffiths
15:30	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
16:00		Closing Plenary - Dan Siegel					
16:00		The Seven Fundamental Needs Of A Thriving Life Dan Siegel					