

# Concord ICU Primary Exam Course



## About the course

The Concord Repatriation General Hospital (CRGH) Intensive Care Primary Exam Course is run over two days. It is aimed at all ICU Registrars (domestic and international) who are about to sit or are planning on sitting the College Of Intensive Care Medicine (CICM) First Part Examination.

The course is co-convened by a current CICM Primary Examiner, and has input from multiple other current, aspiring, or past examiners.

The CRGH ICU Primary Exam Course is run twice a year during the application period for the CICM exam. It is intentionally done so, to give candidates an opportunity to sit a realistic practice exam in proximity to the real sitting. This will hopefully allow candidates, with their supervisors of training, to assess their progress in their study journey. It may also be the first time that many candidates have done more than three or four questions to time in exam conditions.

Of note, this Exam Prep course is not focussed on content, but rather exam technique, SAQ structure, and an introduction to VIVAs.

## Learning objectives

- Learn new techniques of studying in time precious circumstances
- Understand and practice exam day

- Improve exam technique
- Improve structure of SAQ answers
- Understand key exam processes relevant to the First Part Examination
- Introduction of Vivas and approach to cross-table vivas
- Improve the use of the 2min Viva Stem reading time
- Improving and reviewing study techniques, habits, and performance anxiety (with performance psychologist)
- Increase confidence and familiarity prior to sitting the real examination thus improving performance on the actual day

#### How much does the course cost?

\$150 (to make the course cost-neutral) which includes coffee, lunch, and secure free parking (for both days).

We are keeping the course as cheap as possible to ensure that as many candidates as possible have the opportunity to receive assistance in the preparation of the First Part CICM Examination.

#### Where is the course held?



The course is held in the Concord Medical Education Centre (MEC – Building 26), on the campus grounds of Concord Repatriation General Hospital. There is ample parking nearby in the P1 and P4 parking lots which is off Hospital Road (more information will be supplied when you register).

The Vivas are held in rooms and a corridor similar to how it will be held in the real exam at the AMC in Melbourne.

#### What can I expect over the two-day course?

Pre-Course Material

- Creating a model answer for SAQs which require different structures and approaches (will value add to the SAQ Structure and Answering session on Day 1 of the course)

#### Day 1:

- Approach to exam technique / study
- SAQ Structure and Answering
- Full mock examination paper under exam conditions (10 SAQs and 50 MCQs)
- Q&A Session with CICM Examiner / First Part Convenor

#### Day 2:

- Performance Psychology
- Preparing for vivas
- Viva stem workshop
- 8 mock vivas (dependent on number of candidates, may be 4 vivas each in pairs)
  - o Immediate post-viva feedback

#### Within a week of attending the course:

- A summary of how you performed in your SAQs and MCQs

#### Convenors

##### James Pearlman

- Current ICU Transitional Fellow at Concord Repatriation General Hospital
- Aspiring First Part CICM Examiner

##### Atul Wagh

- ICU Consultant based at Concord Repatriation General Hospital
- Current First Part CICM Examiner

#### Registration

[CLICK HERE](#)

It is a first come, first served approach to registration.

#### Get in contact

[Click Here to Contact Us!](#) Or email: [SLHD-ConcordICU@health.nsw.gov.au](mailto:SLHD-ConcordICU@health.nsw.gov.au) for more information.